



## **Psychotherapy Institute – Safeguarding Policy**

### **1. Purpose**

To promote the welfare and safety of all individuals involved in Psychotherapy Institute activities, particularly vulnerable adults.

### **2. Scope**

Applies to all staff, trainees, and visitors. Although the Institute does not work with children directly, principles of safeguarding apply.

### **3. Responsibilities**

- All individuals must be alert to signs of potential harm or abuse.
- Concerns should be reported to the Designated Safeguarding Lead (DSL).
- The DSL will liaise with statutory services if necessary.

### **4. Types of Abuse**

- Physical, emotional, sexual, financial, and neglect.
- Abuse may occur in person, online, or in institutional contexts.

### **5. Training**

All trainees and staff must complete annual safeguarding training.

### **6. Policy Review**

Reviewed annually by the DSL and Q&E Chair.